

# Tuesdays with Morrie

Mitch Albom

At Mission10X, we talk about the role of a FACULTY much beyond the classroom. But, what would you call a faculty who decides to help his learners by being the "Research" Himself.....A HUMAN TEXTBOOK.....for his learners.....

"Tuesday's with Morrie", is a narration by Mitch Ablom of his life's greatest lessons learnt with his college professor/ mentor Morrie Schwartz.

Morrie Schwartz, in his seventies, suddenly realized he was suffering from Amytrophic Lateral Sclerosis (ALS), a brutal, unforgiving illness of the neurological system. The disease is like a lit candle; it melts your nerves and leaves your body a pile of wax. Morrie's doctor guessed he had two years, Morrie knew it was less!!.

That's when he decided.....he would not wither....he would not be ashamed of dying.....instead he would make DEATH his final project.....since everyone is going to die some day or the other, he decided to "BE THE RESEARCH" .....A HUMAN TEXTBOOK.....

Mitch Albom, like many of us, lost track of his mentor, MORRIE, as years passed after his college days. But unlike many of us, Mitch got that second chance, rediscovered Morrie in his last few months when Mitch got his Life's FINAL and MOST VALUABLE LESSONS each TUESDAY!!.

Tuesday's with Morrie is a book, that could give you goosebumps while reading or could also make you howl or .....actually.....the impact could be varied....but will surely make you reflect on yourself and the way you lead your life.....will surely leave you enlightened with lot of enriching insights.....

Some of the lessons discovered by these Tuesdays people (as they referred themselves!!):

- § Learn how to give out love and to let it come in.....we think we don't deserve love and that if we allow it in, we will become too soft.....but the fact is ...."love is the only rational act" .....
- § Daily limit on self pity.....just a few tearful minutes and then on with the day....."....Morrie, a person in his wheel chair, unable to stand, to wash, to pull on his pants....would say ...after all NOT every one is so "LUCKY" to say "GOOD-BYE" .....Are you questioning the word LUCKY?.....Yes he actually said lucky!!! J
- § What is it that we live for.....career? Family? Money?.....and many such egotistical things? .....but what if "Today" was my last day on Earth?.....I like the way the author in the book says....."unfortunately the culture does not encourage us to think about such things".....possibly you need a mentor like Morrie to teach you such lessons!!
- § "Detaching yourself to things".....a very common phrase, but what I liked in this book is the stated method of Detaching.....by letting the experience, be it love,

fear or pain, penetrate fully into you.....Only then you know what is the experience all about and ONLY THEN DETACH.....

§ Forgive others and more importantly forgive "YOURSELF".....for all the things we didn't do ....and for all the things we should have done.....Yes I know many authors state the same.....but I guess in the context of this book the impact of this statement is immensely high.....

A thin book of about 200 pages.... will never let you stop.....each and every depiction in this book is captured amazingly well.....I remember starting the book while coming back from Bangalore once....and continued till I actually completed the same.....surely a book I would recommend to be read.....

I can continue...but I guess I am nowhere close to giving you all the feel that you would get by actually reading the book.....

Would like to end with a quote which is included in this book...

"A teacher affects eternity; he can never tell where his influence stops." – Henry Adams

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